

GUIDED EUCHARISTIC HOLY HOUR

CK101 Script #10 - "The Angel of Peace" Part 1

EXPOSITION OF THE MOST BLESSED SACRAMENT

As we begin, the prayer leader says:

Boys and girls, please stand when Father/Deacon enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.

*O Saving Victim, open wide,
The gate of Heaven to man below,
Our foes press on from every side;
Thine aid supply, Thy strength bestow.*

*To Thy great Name be endless praise,
Immortal Godhead, one in Three!
Oh, grant us endless length of day,
In our true native land, with Thee! Amen.*

GREETING JESUS AND OPENING PRAYERS

(We are still kneeling) After Father/Deacon exits: *Jesus, we are so happy to be to be here to make our visit with You. (pause) Thank You, Jesus! Thank You for always being here for us. (long pause)*

Lord, we begin by calling upon our Holy Guardian Angel and all the Holy Angels here with us right now. We ask the Holy Angels to help us adore You. Together we pray the first prayer found on the back of our program: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen." (pause)

We also call upon the mighty Prince of the Heavenly Host, Saint Michael. Together we pray: “Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen.” (long pause)

Jesus, we know there is nobody who ever loved You more than our beautiful Blessed Mother Mary loved You. We now ask her to help us love You, Jesus! (pause) We entrust ourselves to her by praying together: “Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen.” (long pause)

Yes, all that we have, all that we are, belongs to You, Jesus. (long pause) We want to tell how much we love You, Jesus, by praying our “100,000 Heartbeats Prayer.” Together we pray: “Most Sacred Heart of Jesus, truly present on the altar in the little white Host, I love You! I love You with all my heart and I know You love me with all Your Heart! Jesus, my heart beats around 100,000 times a day. I want each one of my heartbeats to say: Jesus, I love You! Jesus, I love You! Jesus, I love You!” (very long pause)

ROSARY DECADE PREPARATION WITH BIBLE STORY

Jesus, I’m going to invite the boys and girls to sit now, as we prepare our hearts to offer You our Rosary decade by reading a Gospel story in our Bible.

*(Be seated) Boys and girls, open up your Bibles to page 94. Let’s take a look at that picture. (Prayer leader now reads the story from the “New Catholic Picture Bible” by Father Lawrence Lovasik. The only adjustment is the prayer leader will always change the text in the places needed to **address Jesus directly** by talking **to** Him instead of **about** Him.)*

The hour was at hand which God had been preparing His people. Not only the Jews, but all the world was looking for a Redeemer. They prayed that God would now keep the promise He made to Adam and Eve and had repeated again and again through the prophets.

The Angel Gabriel was sent from God to the town of Nazareth, in that part of the land called Galilee, in the north. There the angel found a young girl named Mary, who was soon to be married to Joseph, he was a relative of King David. (Mary and Joseph were betrothed which according to the Jewish law means they were a married couple but did not live together yet.) The angel came into the room Mary was and said to her, “Hail, full of grace! The Lord is with you. You are blessed among women.”

Mary was surprised at the angel's words and wondered what they could mean. Then the angel spoke again and said, "Do not be afraid, Mary. You have found grace with God. The Lord has chosen you to be the mother of a Son and you shall call Him Jesus. He shall be great; and shall be called the Son of God. The Lord will give Him the throne of David His father. He shall be king over the people of God forever; and of His kingdom there shall be no end."

But Mary could not see how all this would happen. And the angel said to her, "The Holy Spirit shall come upon you, and the power of the Most High God shall be over you; and the Holy One to be born shall be called the Son of God. And your cousin Elizabeth will also have a son in her old age, for nothing is impossible with God."

Mary was obedient. She knew that the angel was sent by God to tell her what God wanted. So she replied, "Behold the handmaid of the Lord. Be done to me according to your word."

And the angel departed from her.

As soon as Mary gave this answer, she became the Mother of God.

The Second Person of the Blessed Trinity took to Himself a body and soul like ours.

Jesus, You became Man and dwelt among us. This is called the mystery of Your Incarnation.

The coming of the angel to Mary is called the Annunciation, because the angel announced Your birth, Jesus.

The Church celebrates the feast of the Annunciation on March 25. (long pause)

Jesus, for our Rosary decade intention, we pray to understand better the virtue of humility. We want to always remember that all our gifts and talents come from You. We want to always remember that You, Jesus, deserve the glory for anything good that we have or do.

With Our Blessed Mother and all the Angels and Saints, we want our Rosary decade to be a decade of love that proclaims, "Holy, Holy, Holy! Lord God of Hosts! Heaven and earth are full of Your glory! Hosanna in the highest! Blessed is He Who comes in the Name of the Lord, Hosanna in the highest!"

PRAYING THE ROSARY DECADE

Boys and girls, let's take out our Rosary beads now and kneel down. (kneel) Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (kiss the Cross) Thank You, Jesus, thank You for dying on the Cross for me. Let's make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Now find the first decade on your Rosary beads. (pause) Jesus, with all the love in our hearts, we offer You the first Joyful mystery, Your Annunciation.

Boys and girls, I'll say the first part of the prayer, you say the second. (pause) (Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven. (Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen." (Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. (Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (9 times)

Boys and girls, we come now to our last "Hail Mary." We pause and call this one our "Golden Hail Mary." What special intentions do you need to bring to Jesus? Are you worried about something to do with school? Is there someone in your family who needs prayers? If it is important to you, it is important to Jesus because you are so important to Him! Tell Jesus everything. He is listening. (Very long pause) Jesus, we gather up all our special intentions and lay them before Your throne as together we pray: Hail Mary...

Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

Let's come back up slowly now and look right at Jesus on the altar. (pause). This next prayer is one that Blessed Mother taught the three children at Fatima. Our Lady asked that this be prayed at the end of each Rosary decade. (pause) Jesus, we know this must be very important. (pause) Boys and girls, let's hold out our hand towards Jesus (extend your hand) Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen." (pause) Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Boys and girls, have a seat. (very long pause)

SAINT OR STORY MEDITATION

Jesus, there are three children in this true story for our meditation today. (pause) The youngest was a little girl named Jacinta Marta and she was 6 years old. Francisco was her brother and he was 8 years old. Lucia dos Santos was their cousin and she was 9 years old. They lived in a beautiful mountain village called Fatima in the country of Portugal.

The three children didn't go to school like you do. They spent most of their time watching their family's sheep. They were shepherds. They would get up early each morning and take their flocks to pasture so the sheep could eat grass. While the sheep grazed, the children would talk, play games, sing songs, and say their prayers together.

Not too far away from where the children lived, a war was being fought. It was called World War I. Any war is terrible but World War I was very terrible because so many people died. Jacinta, Francisco, and Lucia were protected and safe from the war in the area of Fatima. (pause)

Now one beautiful Spring day in the year 1916, the children were watching their sheep when a most unusual thing happened. They had just finished eating their lunches and saying their prayers when a strange bright light appeared over the distant trees.

As it moved towards them, an amazing thing happened. A beautiful Angel came forth who was completely full of light!

Then the Angel spoke to them, "Do not be afraid! I am the the Angel of Peace. Pray with me."

The Angel of Peace then knelt down, bowed his forehead to the ground and prayed these words three times, (say 3 times)

"My God, I believe, I adore, I hope and I love You.

I beg pardon for those who do not believe, do not adore, do not hope and do not love You."

The children were very surprised! But they did just as the Angel of Peace had taught them. They knelt down, bowed their foreheads to the ground and prayed the prayer with the Angel three times.

When they finished, the Angel of Peace said, "Pray this way. The Hearts of Jesus and Mary are listening." Then the Angel disappeared. (pause)

How do you think Jacinta, Francisco and Lucia felt after the Angel of Peace left? (pause)

Well, they were not frightened at all! In fact, they felt very peaceful. They wanted to remain quiet, not wanting to talk to each other about what happened. They only wanted to pray as the Angel of Peace had taught them. They felt the power and nearness of God in the very depths of their souls! (pause)

After awhile, the children got up to take care of their sheep. But they never forgot about the visit from the Angel of Peace! (pause)

Spring soon changed into Summer. Now Jacinta, Francisco and Lucia had to bring their sheep home for a few hours each afternoon in order to escape the hot August sun. The three little shepherds would often seek comfort and rest under the shady trees near Lucia's home.

One day, as they were playing near the water well, the Angel of Peace suddenly appeared again! He looked sad. He asked, "What are you doing? You must pray! Pray very much! The Hearts of Jesus and Mary have plans of mercy for you. Continually offer prayers and sacrifices to God!"

The children looked at each other. They did not understand what the Angel of Peace meant, so Lucia asked, "But how are we to make sacrifices?"

The Angel of Peace replied, "In every way you can. offer a sacrifice as an act of reparation for sins by which God is offended, and for the conversion of sinners. Bring peace to your country in this way. I am its Guardian Angel, the Angel of Portugal. Above all, accept and humbly bear whatever suffering Our Lord may send you."

Having said this, the Angel of Peace disappeared. But the Angel's words stayed with the children!

From that moment, they began offering everything, especially hard things, as a sacrifice. They also prayed very much, touching their foreheads to the ground and repeating the prayer the Angel of Peace had taught them, (say 3 times)

"My God, I believe, I adore, I hope and I love You.

I beg pardon for those who do not believe, do not adore, do not hope and do not love You."

(long pause)

QUIET PRAYER TIME

Boys and girls, let's have some quiet prayer time now and talk with Jesus, Heart-to-heart, about the prayer that the Angel of Peace taught the children.

One minute before Father/Deacon and the altar servers enter for Benediction:

Jesus, in a moment, Father/Deacon is going to come and lift You high in Benediction. I know that You want to pour out many graces upon the children, upon their families and upon our entire world! Boys and girls, open your hearts wide to receive all that Jesus wants to give you today!

BENEDICTION OF THE MOST BLESSED SACRAMENT

Let's take out our program now and find the Benediction Hymn. We will sing together when Father/Deacon and the servers enter.

*Down in adoration falling
Lo! The Sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.*

*To the everlasting Father,
And the Son who reigns on high,
With the Holy Ghost proceeding Forth from each eternally,
By salvation, honor, blessing,
Might and endless majesty. Amen.*

Priest/Deacon: *You have given them Bread from Heaven.*

All: *Having within It all sweetness.*

Priest/Deacon: *Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the kingdom; where You live with the Father and the Holy Spirit, One God, forever and ever.*

All: *Amen.*

*Blessed be God,
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary, most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints.*

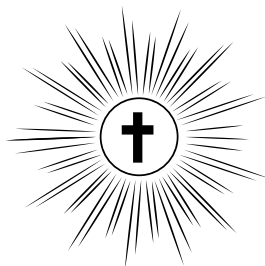
When Father/Deacon puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors, say: *Boys and girls, let's stand and sing "Immaculate Mary."*

As Father/Deacon and the altar servers start to exit, sing:

*Immaculate Mary, your praises we sing;
You reign now in splendor with Jesus, our King.
Ave, ave, ave Maria! Ave, ave, Maria!*

After Father/Deacon and the altar servers have left the Church, turn towards the children and say: *Jesus is so happy that you came to make a visit with Him. Remember, He's always here in the tabernacle for you to come and make your visits with Him. Have a great week and we'll see you at our next Guided Eucharistic Holy Hour.*

If you have not read the booklet, "VISITING JESUS – A Simple Plan to Begin Guided Eucharistic Holy Hours for Children," please go online to *Catholic Kids 101* for your free download. Questions? Go to *Catholic Kids 101* and click the "Contact Us" page.



Catholic Kids 101
We are kids telling kids about Jesus!