

GUIDED EUCHARISTIC HOLY HOUR

CK101 Script #9 - "Poppy & The Precious Blood"

EXPOSITION OF THE MOST BLESSED SACRAMENT

As we begin, the prayer leader says:

Boys and girls, please stand when Father/Deacon enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.

*O Saving Victim, open wide,
The gate of Heaven to man below,
Our foes press on from every side;
Thine aid supply, Thy strength bestow.*

*To Thy great Name be endless praise,
Immortal Godhead, one in Three!
Oh, grant us endless length of day,
In our true native land, with Thee! Amen.*

GREETING JESUS AND OPENING PRAYERS

(We are still kneeling) After Father/Deacon exits: *Jesus, we are so happy to be to be here to make our visit with You. (pause) Thank You, Jesus! Thank You for always being here for us. (long pause)*

Lord, we begin by calling upon our Holy Guardian Angel and all the Holy Angels here with us right now. We ask the Holy Angels to help us adore You. Together we pray the first prayer found on the back of our program: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen." (pause)

We also call upon the mighty Prince of the Heavenly Host, Saint Michael. Together we pray: “Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen.” (long pause)

Jesus, we know there is nobody who ever loved You more than our beautiful Blessed Mother Mary loved You. We now ask her to help us love You, Jesus! (pause) We entrust ourselves to her by praying together: “Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen.” (long pause)

Yes, all that we have, all that we are, belongs to You, Jesus. (long pause) We want to tell how much we love You, Jesus, by praying our “100,000 Heartbeats Prayer.” Together we pray: “Most Sacred Heart of Jesus, truly present on the altar in the little white Host, I love You! I love You with all my heart and I know You love me with all Your Heart! Jesus, my heart beats around 100,000 times a day. I want each one of my heartbeats to say: Jesus, I love You! Jesus, I love You! Jesus, I love You!” (very long pause)

ROSARY DECADE PREPARATION WITH BIBLE STORY

Jesus, I’m going to invite the boys and girls to sit now, as we prepare our hearts to offer You our Rosary decade by reading a Gospel story in our Bible.

*(Be seated) Boys and girls, open up your Bibles to page 103. Let’s take a look at that picture. (Prayer leader now reads the story from the “New Catholic Picture Bible” by Father Lawrence Lovasik. The only adjustment is the prayer leader will always change the text in the places needed to **address Jesus directly** by talking **to** Him instead of **about** Him.)*

It was the law among the Jews that after the first child was born in a family, he should be brought to the Temple. God once told the Israelites that the first-born belonged to Him. The parents would offer a sacrifice to God as a sign that they were buying the child back. A rich man would offer a lamb, but a poor man might give a pair of young pigeons for the sacrifice. Jesus, when You were forty days old, Mary and Joseph brought You to the Temple; and as Joseph the carpenter was not a rich man, they gave for You as an offering a pair of young pigeons.

At that time there lived in Jerusalem a man of God named Simeon. The Lord had spoken to him and had said to him that he would not die until the Anointed King had come. The word Christ means "Anointed."

On a certain day the Spirit of the Lord told Simeon to go to the Temple. There he saw for the first time the promised Christ. He took You Jesus, a little Child, in his arms and thanked God our Heavenly Father for letting him see You, our Redeemer.

Then he said, "Now, O Lord, You may let Your servant die in peace, for my eyes have seen Your salvation, which You have sent to all people – a light to give light to all nations, the glory of Your people Israel."

When Mary and Joseph heard this, they wondered. Simeon gave them a blessing in the name of the Lord, and he said to Mary, "This little one shall cause many in Israel to fall and rise again. Many shall speak against Him; and sorrow shall pierce your heart like a sword." All this was to happen later when Mary would see You dying on the cross, Jesus.

A very old woman whose name was Anna, and to whom God spoke as to a prophet, also saw, through the help of the Holy Spirit, that You were Christ the Lord, and she gave thanks to God our Father for this grace.

So, early in Your life, Jesus, God our Heavenly Father showed to few people that You would become the Savior of His people and of the world! (long pause)

Jesus, as we prepare to offer You our Rosary decade, we see in this Gospel story that there is joy and sorrow - happy and sad - together. How happy Mother Mary and Good Saint Joseph are as they bring You to the Temple for the first time! This mystery is called Your Presentation in the Temple. And yet, Simeon gave a prophecy to Mother Mary, telling her that a sorrow shall pierce her heart like a sword. That sorrow would happen about thirty-three years later when she would watch You dying on the Cross to save us from our sins. (pause)

Jesus, for our Rosary decade prayer intention, we pray to accept not just the joyful times in our lives but also the sorrowful times too. The Bible tells us that You work all things together for good. How sad it was for Mother Mary to stand at the foot of the Cross and watch You suffer! But she trusted that You were working all things together for good. When we go through sad times in our lives, we want to be just like Mother Mary. We want to pray, "Jesus, I trust in You!"

PRAYING THE ROSARY DECADE

Boys and girls, let's take out our Rosary beads now and kneel down. (kneel) Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (kiss the Cross) Thank You, Jesus, thank You for dying on the Cross for me. Let's make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Now find the 4th decade on your Rosary beads. 1, 2, 3, 4, (pause) Jesus, with all the love in our hearts, we offer You the fourth Joyful mystery, Your Presentation in the Temple.

Boys and girls, I'll say the first part of the prayer, you say the second. (pause) (Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven. (Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen." (Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. (Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (9 times)

Boys and girls, we come now to our last "Hail Mary." We pause and call this one our "Golden Hail Mary." What special intentions do you need to bring to Jesus? Are you worried about something to do with school? Is there someone in your family who needs prayers? If it is important to you, it is important to Jesus because you are so important to Him! Tell Jesus everything. He is listening. (Very long pause) Jesus, we gather up all our special intentions and lay them before Your throne as together we pray: Hail Mary...

Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

Let's come back up slowly now and look right at Jesus on the altar. (pause). This next prayer is one that Blessed Mother taught the three children at Fatima. Our Lady asked that this be prayed at the end of each Rosary decade. (pause) Jesus, we know this must be very important. (pause) Boys and girls, let's hold out our hand towards Jesus (extend your hand) Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen." (pause) Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Boys and girls, have a seat. (very long pause)

SAINT OR STORY MEDITATION

Jesus, our meditation story is about a girl who tells us about a sad, hard time in her life. We want to listen to her story with You, Jesus. We ask You to help us remember it because we all have some sad times in our lives too. (pause) The story begins:

Hi, my name is Poppy. I am 11 years old. I live with my mum and my dad and my tabby cat, Alfred. I was born in England but when I was six years old, we moved to America. As soon as we moved here, my parents enrolled me in a school called Most Precious Blood of Jesus Catholic School. I love my school! I have many friends and wonderful teachers. I am in the 5th grade and math is my favorite subject. I'm doing good now but something sad and really hard happened to me when I was younger that I want to tell you about.

At the beginning of 2nd grade, when I was 7 years old, I started to feel tired. Even when I got lots of sleep I still felt tired. One day I was at school playing soccer. I was about to kick the ball when I suddenly felt so tired and weak I could hardly move. I had to sit right down on the ground and rest for a few moments before I could get up and walk again. I had never felt that way before.

I remember that night in bed I was trying to fall asleep but the bones in my legs and feet were aching. I couldn't sleep because it hurt so much. I was going to get up and ask my mum for some pain medicine but I felt too tired to get up! Sometime in the night I finally fell asleep. The next morning, I was about to tell my mum about my aching bones but before I could say anything, she looked at me and said I had "sick eyes" and asked me what was wrong. I told her how I was feeling.

She took me to see the doctor and then he sent me to another doctor and then that doctor sent me to another doctor who was a special kind of doctor that helped really sick children. I found out I was really sick. My sickness had to do with my blood. I had a sickness called Leukemia. My blood was sick. Leukemia is a cancer of the person's white blood cells. The "sick" white blood cells form in a person's bone marrow. They quickly travel throughout the body and crowd out the healthy blood cells. This raises the person's chances of getting really sick with an infection and other problems. Without healthy blood our organs, like our heart and lungs, don't get the oxygen and help they need to work right. We need healthy blood to fight infections. We need healthy blood to stay warm. Our blood is really important. Blood is life!

To get better I had to have treatments called chemotherapy for one year to try get rid of the sickness in my blood. The treatments were hard. They made me feel really sick!

So this is the part that I want every person who hears my story to know about. This is super important and I hope you never forget it. The reason is that even if you don't get sick like I did, every single person in the world will have something, some time in their life, that will be hard for them. We can choose to be bitter and get really angry about it or we can choose another way. The other way is to go through our hard time with Jesus. He truly understands! Jesus went through lots of hard times, especially when He suffered and died on the Cross for us. Our hard times by themselves are awful! But if we give our hard times to Jesus, He accepts them as precious gifts. He unites them to His sufferings and then they are not awful anymore. Then they become something meaningful because it was through the Precious Blood of Jesus being shed, through His death on the Cross, that Jesus saved us from our sins. He lets us be a part of helping Him in His mission as Savior of the world!
(pause)

When I was sick, every single day my dad and mum would go to Mass early in the morning and receive Jesus in the Holy Eucharist. At every Mass the miracle of the changing of the bread and wine into the Body and Blood of Jesus by a Catholic priest takes place! My parents went to Mass each day to ask Jesus to heal me. Then one day when I was about half way through my chemotherapy treatments, Father Michaels, my pastor, actually brought Jesus in the Holy Eucharist to me in the hospital! He said that since I had already made my First Confession with my class right before I got sick, I could make my First Holy Communion. I was so happy! When Father came to my hospital room, he took out a small, round, shiny gold holder called a pyx. When he opened the top, there was Jesus looking like Bread! Since I was so sick, he gave me just a tiny piece of the Host to eat. Did you know that no matter what size the Host is, very tiny or very big, Jesus is totally and completely present in that piece of consecrated Host? It's true! He is!

Here is one of the things I said to Jesus after I received Him in Holy Communion for the first time: "Dear Jesus, I know You are really present in this little piece of Host – Body, Blood, Soul and Divinity. Please Jesus, will You have Your healthy Blood go into my sick blood and make me well again?" Guess what? When I had my chemotherapy treatment later that day, I never got sick from it! I felt really good! I was so happy! (pause) As my treatments continued, sometimes I did get sick from my them. Some days were much harder than others. But by the time I finished all my treatments, I was doing well again! My blood was healthy! I felt good! I was able to go back to school and soon I was even playing soccer again! (pause)

My year of being sick wasn't easy but Jesus and I got through that hard time together. As I grow up, no matter what happens in my life, I know He will always be there to help me. I also know that if you ask Him, He will always be there to help you too! (long pause)

QUIET PRAYER TIME

Boys and girls, let's have some quiet prayer time now and talk with Jesus, Heart to heart.

One minute before Father/Deacon and the altar servers enter for Benediction:

Jesus, in a moment, Father/Deacon is going to come and lift You high in Benediction. I know that You want to pour out many graces upon the children, upon their families and upon our entire world! Boys and girls, open your hearts wide to receive all that Jesus wants to give you today!

BENEDICTION OF THE MOST BLESSED SACRAMENT

Let's take out our program now and find the Benediction Hymn. We will sing together when Father/Deacon and the servers enter.

*Down in adoration falling
Lo! The Sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.*

*To the everlasting Father,
And the Son who reigns on high,
With the Holy Ghost proceeding Forth from each eternally,
By salvation, honor, blessing,
Might and endless majesty. Amen.*

Priest/Deacon: *You have given them Bread from Heaven.*

All: *Having within It all sweetness.*

Priest/Deacon: *Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the kingdom; where You live with the Father and the Holy Spirit, One God, forever and ever.*

All: *Amen.*

*Blessed be God,
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary, most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints.*

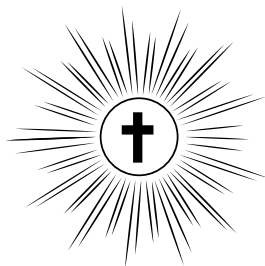
When Father/Deacon puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors, say: *Boys and girls, let's stand and sing "Immaculate Mary."*

As Father/Deacon and the altar servers start to exit, sing:

*Immaculate Mary, your praises we sing;
You reign now in splendor with Jesus, our King.
Ave, ave, ave Maria! Ave, ave, Maria!*

After Father/Deacon and the altar servers have left the Church, turn towards the children and say: *Jesus is so happy that you came to make a visit with Him. Remember, He's always here in the tabernacle for you to come and make your visits with Him. Have a great week and we'll see you at our next Guided Eucharistic Holy Hour.*

If you have not read the booklet, "VISITING JESUS – A Simple Plan to Begin Guided Eucharistic Holy Hours for Children," please go online to *Catholic Kids 101* for your free download. Questions? Go to *Catholic Kids 101* and click the "Contact Us" page.



Catholic Kids 101
We are kids telling kids about Jesus!