

GUIDED EUCHARISTIC HOLY HOUR

CK101 Script #11 - "The Angel of Peace" Part 2

EXPOSITION OF THE MOST BLESSED SACRAMENT

As we begin, the prayer leader says:

Boys and girls, please stand when Father/Deacon enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.

*O Saving Victim, open wide,
The gate of Heaven to man below,
Our foes press on from every side;
Thine aid supply, Thy strength bestow.*

*To Thy great Name be endless praise,
Immortal Godhead, one in Three!
Oh, grant us endless length of day,
In our true native land, with Thee! Amen.*

GREETING JESUS AND OPENING PRAYERS

(We are still kneeling) After Father/Deacon exits: *Jesus, we are so happy to be to be here to make our visit with You. (pause) Thank You, Jesus! Thank You for always being here for us. (long pause)*

Lord, we begin by calling upon our Holy Guardian Angel and all the Holy Angels here with us right now. We ask the Holy Angels to help us adore You. Together we pray the first prayer found on the back of our program: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen." (pause)

We also call upon the mighty Prince of the Heavenly Host, Saint Michael. Together we pray: “Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen.” (long pause)

Jesus, we know there is nobody who ever loved You more than our beautiful Blessed Mother Mary loved You. We now ask her to help us love You, Jesus! (pause) We entrust ourselves to her by praying together: “Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen.” (long pause)

Yes, all that we have, all that we are, belongs to You, Jesus. (long pause) We want to tell how much we love You, Jesus, by praying our “100,000 Heartbeats Prayer.” Together we pray: “Most Sacred Heart of Jesus, truly present on the altar in the little white Host, I love You! I love You with all my heart and I know You love me with all Your Heart! Jesus, my heart beats around 100,000 times a day. I want each one of my heartbeats to say: Jesus, I love You! Jesus, I love You! Jesus, I love You!” (very long pause)

ROSARY DECADE PREPARATION WITH BIBLE STORY

Jesus, I’m going to invite the boys and girls to sit now, as we prepare our hearts to offer You our Rosary decade by reading a Gospel story in our Bible.

*(Be seated) Boys and girls, open up your Bibles to page 196. Let’s take a look at that picture. (Prayer leader now reads the story from the “New Catholic Picture Bible” by Father Lawrence Lovasik. The only adjustment is the prayer leader will always change the text in the places needed to **address Jesus directly** by talking **to** Him instead of **about** Him.)*

Jesus, You took Peter, James and John, and went into the garden of Gethsemane.

You said, “My soul is sad, even unto death. Wait here and watch with Me.”

You went a little farther among the trees and fell down upon the ground and cried out, “Father, if it is possible, let this cup pass away from Me; yet not as I will, but as You will.”

Large drops of sweat like blood, caused by Your suffering, fell from Your face.

Then You went to Your apostles and found them asleep. Waking them, You said, "Could you not watch one hour with Me? Watch and pray, that you may not enter into temptation."

Jesus, You went a second time into the orchard, and You fell on Your knees and prayed again, saying, "My Father, if this cup cannot pass away unless I drink it, Your will be done."

Again, You found the apostles sleeping.

You went back and prayed a third time.

And an angel came and gave You strength. (long pause)

Jesus, as we prepare to pray our Rosary decade, we see in this Gospel story that You are sad and suffering. You are suffering so much that large drops of sweat like blood, caused by Your suffering, fell from Your face.

If we really stop and think about it, we don't expect God who made the planets, and the oceans and all of creation; who performed miracles like raising people from the dead, to be sad and suffering.

But Jesus, You truly do understand when we are sad and suffering. You didn't come to just say that You love us, You showed us that You love us by suffering Your Passion and death on the Cross. You did this to save us from our sins so we could one day be in Heaven with You forever.

And You will always help us when we are sad and suffering. We just have to turn to You. You will give us special graces - the grace of consolation to strengthen us. The grace to know that we are dearly loved by You. (pause)

Jesus, we want to offer our Rosary decade for children any place in the world who are feeling really sad right now. For those who are suffering, especially children who live in places where there is a war going on. We pray that You will give them special graces so they will know they have a true Friend in You, Jesus - that they are not alone. We ask that You give them hope so they can cling to the truth that You are working all things together for good.

PRAYING THE ROSARY DECADE

Boys and girls, let's take out our Rosary beads now and kneel down. (kneel) Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (kiss the Cross) Thank You, Jesus, thank You for dying on the Cross for me. Let's make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Now find the first decade on your Rosary beads. (pause) Jesus, with all the love in our hearts, we offer You the first Sorrowful mystery, Your Agony in the Garden.

Boys and girls, I'll say the first part of the prayer, you say the second. (pause) (Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven. (Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen." (Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. (Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (9 times)

Boys and girls, we come now to our last "Hail Mary." We pause and call this one our "Golden Hail Mary." What special intentions do you need to bring to Jesus? Are you worried about something to do with school? Is there someone in your family who needs prayers? If it is important to you, it is important to Jesus because you are so important to Him! Tell Jesus everything. He is listening. (Very long pause) Jesus, we gather up all our special intentions and lay them before Your throne as together we pray: Hail Mary...

Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

Let's come back up slowly now and look right at Jesus on the altar. (pause). This next prayer is one that Blessed Mother taught the three children at Fatima. Our Lady asked that this be prayed at the end of each Rosary decade. (pause) Jesus, we know this must be very important. (pause) Boys and girls, let's hold out our hand towards Jesus (extend your hand) Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen." (pause) Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Boys and girls, have a seat. (very long pause)

SAINT OR STORY MEDITATION

Jesus, again, there are three children in this true story for our meditation today. As a reminder, the youngest was a little girl named Jacinta Marta and she was 6 years old. Francisco was her brother and he was 8 years old. Lucia dos Santos was their cousin and she was 9 years old. They lived in a beautiful mountain village called Fatima in the country of Portugal where they were shepherds. They took care of their family's sheep.

Jesus, at our last Holy Hour, we learned how You sent an Angel from heaven to deliver an important message to the three children. Today, we will learn about the last and most amazing visit from the Angel of Peace to little Jacinta, Francisco and Lucia. (pause)

The months passed by and soon the cool pleasant days of Autumn, in the year 1916, came to Portugal. Now the three children could remain in the hills, tending their sheep all day long and into the evening.

One day, as they were praying near the place where the Angel of Peace had first visited them, the bright light reappeared and the Angel came forth as before! The Angel appeared to be made entirely of brilliant light!

The children stared in wonder. They could hardly believe their eyes! Jacinta, Francisco and Lucia could see that this brilliant Angel was holding a sacred Host in one hand and a beautiful golden chalice in the other. (pause)

From the sacred Host came drops of Blood which fell into the golden chalice. (pause)

And then an even more amazing thing happened! The sacred Host and the golden chalice stayed suspended in the air as the Angel of Peace knelt down and bowed his head to the ground, an act of profound adoration to God! (pause)

Then the Angel prayed this prayer three times:

*“O Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly.
I offer You the most precious Body, Blood, Soul and Divinity of Our Lord, Jesus Christ,
present in all the tabernacles of the world,
in reparation for the outrages, sacrileges and indifference by which He is offended.
By the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary,
I beg the conversion of poor sinners.”*

After repeating this prayer three times, the Angel got up, took the sacred Host, and then placed the Host on Lucia's tongue. For Jacinta and Francisco, the Angel offered them the golden chalice from which they drank the Precious Blood.

(look up at the altar)

Jesus, the children received You in Holy Communion! (pause)

While the children received Holy Communion in this wondrous way, the Angel said, "Eat and drink the Body and Blood of Jesus Christ, horribly outraged by ungrateful men. Make reparation for their sins and console your God."

Once again, the Angel of Peace bowed down, touching his forehead to the ground.

Then the Angel repeated the prayer again three times,

*"O Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly.
I offer You the most precious Body, Blood, Soul and Divinity of Our Lord, Jesus Christ,
present in all the tabernacles of the world,
in reparation for the outrages, sacrileges and indifference by which He is offended.
By the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary,
I beg the conversion of poor sinners."*

After that, the Angel of Peace disappeared.

Then the children did exactly as the Angel had done. They bowed their heads to the ground and prayed. They were given the grace to remember the prayer and repeated it many times. (long pause)

Boys and girls, as we are about to go into our quiet prayer time now, let us kneel down and bow down low, adoring God with all our hearts. Just like the Angel of Peace taught the children to do. (a very long pause of adoration silence)

QUIET PRAYER TIME

Boys and girls, let's have some quiet prayer time now and talk with Jesus about what we learned from the Angel of Peace. Also, Jacinta and Francisco are now Saints! Let's ask them to help us love Jesus, who is truly with us now on the altar in the little white Host.

One minute before Father/Deacon and the altar servers enter for Benediction:

Jesus, in a moment, Father/Deacon is going to come and lift You high in Benediction. I know that You want to pour out many graces upon the children, upon their families and upon our entire world! Boys and girls, open your hearts wide to receive all that Jesus wants to give you today!

BENEDICTION OF THE MOST BLESSED SACRAMENT

Let's take out our program now and find the Benediction Hymn. We will sing together when Father/Deacon and the servers enter.

*Down in adoration falling
Lo! The Sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.*

*To the everlasting Father,
And the Son who reigns on high,
With the Holy Ghost proceeding Forth from each eternally,
By salvation, honor, blessing,
Might and endless majesty. Amen.*

Priest/Deacon: *You have given them Bread from Heaven.*
All: *Having within It all sweetness.*

Priest/Deacon: *Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the kingdom; where You live with the Father and the Holy Spirit, One God, forever and ever.*

All: *Amen.*

*Blessed be God,
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary, most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints.*

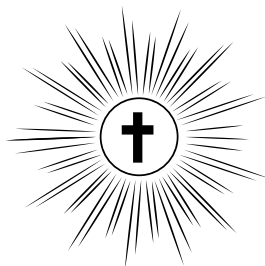
When Father/Deacon puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors, say: *Boys and girls, let's stand and sing "Immaculate Mary."*

As Father/Deacon and the altar servers start to exit, sing:

*Immaculate Mary, your praises we sing;
You reign now in splendor with Jesus, our King.
Ave, ave, ave Maria! Ave, ave, Maria!*

After Father/Deacon and the altar servers have left the Church, turn towards the children and say: *Jesus is so happy that you came to make a visit with Him. Remember, He's always here in the tabernacle for you to come and make your visits with Him. Have a great week and we'll see you at our next Guided Eucharistic Holy Hour.*

If you have not read the booklet, "VISITING JESUS – A Simple Plan to Begin Guided Eucharistic Holy Hours for Children," please go online to *Catholic Kids 101* for your free download. Questions? Go to *Catholic Kids 101* and click the "Contact Us" page.



Catholic Kids 101
We are kids telling kids about Jesus!