GUIDED EUCHARISTIC HOLY HOUR

CK101 Script #8 - "A Great Eucharistic Miracle"

EXPOSITION OF THE MOST BLESSED SACRAMENT

As we begin, the prayer leader says:

Boys and girls, please stand when Father/Deacon enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.

O Saving Victim, open wide, The gate of Heaven to man below, Our foes press on from every side; Thine aid supply, Thy strength bestow.

To Thy great Name be endless praise, Immortal Godhead, one in Three! Oh, grant us endless length of day, In our true native land, with Thee! Amen.

GREETING JESUS AND OPENING PRAYERS

(We are still kneeling) After Father/Deacon exits: Jesus, we are so happy to be to be here to make our visit with You. (pause) Thank You, Jesus! Thank You for always being here for us. (long pause)

Lord, we begin by calling upon our Holy Guardian Angel and all the Holy Angels here with us right now. We ask the Holy Angels to help us adore You. Together we pray the first prayer found on the back of our program: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen." (pause)

We also call upon the mighty Prince of the Heavenly Host, Saint Michael. Together we pray: "Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen." (long pause)

Jesus, we know there is nobody who ever loved You more than our beautiful Blessed Mother Mary loved You. We now ask her to help us love You, Jesus! (pause) We entrust ourselves to her by praying together: "Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen." (long pause)

Yes, all that we have, all that we are, belongs to You, Jesus. (long pause) We want to tell how much we love You, Jesus, by praying our "100,000 Heartbeats Prayer." Together we pray: "Most Sacred Heart of Jesus, truly present on the altar in the little white Host, I love You! I love You with all my heart and I know You love me with all Your Heart! Jesus, my heart beats around 100,000 times a day. I want each one of my heartbeats to say: Jesus, I love You! Jesus, I love You! Jesus, I love You!" (very long pause)

ROSARY DECADE PREPARATION WITH BIBLE STORY

Jesus, I'm going to invite the boys and girls to sit now, as we prepare our hearts to offer You our Rosary decade by reading a Gospel story in our Bible.

(Be seated) *Boys and girls, open up your Bibles to page 160. Let's take a look at that picture.* (Prayer leader now reads the story from the "New Catholic Picture Bible" by Father Lawrence Lovasik. The only adjustment is the prayer leader will always change the text in the places needed to **address Jesus directly** by talking **to** Him instead of **about** Him.)

Jesus, about six days later (from when You made Peter the head of the Church), You and Your apostles were passing by a high hill. It was Your custom to leave the apostles, especially in the evening, and go to a quiet place to pray.

You left the apostles at the foot of the hill and took with You only Peter, James and John. You went up the hill to pray.

While You were praying, a great change came over You. Your face began to shine as brightly as the sun, and Your garments became whiter than snow. The three apostles saw You with all this glory beaming from You.

And they saw two men talking with You. These were Moses and Elijah, who had come down from heaven to meet You. They represented the Law and the prophets that had announced Your coming. Now they (Moses and Elijah) spoke with You of the death that You were to die in Jerusalem.

Scarcely knowing what he was saying, Peter spoke, "Master, it is good for us to be here! If You wish, let us set up three tents here, one for You, one for Moses, and one for Elijah!"

While Peter was speaking, a bright cloud came over them all. The three apostles felt a great fear as they found themselves in the cloud. Out of the cloud the apostles heard a voice saying, "This is My beloved Son, in whom I am well pleased; hear Him."

As the apostles heard this voice, they fell down upon their faces on the ground in great fear. And Jesus, You came and touched them, saying, "Arise, and do not be afraid."

When they looked up, the bright cloud had passed away, and Jesus, You were standing there alone.

You all then walked together down the mountain, and You said to them, "Do not tell to any man what you have seen, until the Son of Man is risen from the dead."

Lord, You had allowed Peter and James and John to see some of Your glory to strengthen their faith in You. (long pause)

Jesus, this mystery is called the mystery of Your "Transfiguration." There is a lot to think about or meditate on in this mystery. (pause) There are two things we would like to concentrate on as we offer You our Rosary decade.

The first is when the three Apostles heard the voice of God the Father saying, "This is My beloved Son, in whom I am well pleased; hear Him."

Lord, we pray for all the people in the world who do not yet know that You are the beloved Son of God. We pray that they will know You soon and listen to You. (pause)

The second thing we want to think about is when Peter, James and John were afraid. You touched them and said, "Arise, and do not be afraid."

Jesus, when we feel afraid, we ask You to touch us with Your grace so we won't be afraid anymore because You are always with us.

PRAYING THE ROSARY DECADE

Boys and girls, let's take out our Rosary beads now and kneel down. (kneel) Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (kiss the Cross) Thank You, Jesus, thank You for dying on the Cross for me. Let's make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Now find the fourth decade on your Rosary beads. 1, 2, 3, 4, (pause) Jesus, with all the love in our hearts, we offer You the fourth Luminous mystery, Your Transfiguration.

Boys and girls, I'll say the first part of the prayer, you say the second. (pause) (Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven. (Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen." (Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. (Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (9 times)

Boys and girls, we come now to our last "Hail Mary." We pause and call this one our "Golden Hail Mary." What special intentions do you need to bring to Jesus? Are you worried about something to do with school? Is there someone in your family who needs prayers? If it is important to you, it is important to Jesus because you are so important to Him! Tell Jesus everything. He is listening. (Very long pause) Jesus, we gather up all our special intentions and lay them before Your throne as together we pray: Hail Mary...

Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

Let's come back up slowly now and look right at Jesus on the altar. (pause). This next prayer is one that Blessed Mother taught the three children at Fatima. Our Lady asked that this be prayed at the end of each Rosary decade. (pause) Jesus, we know this must be very important. (pause) Boys and girls, let's hold out our hand towards Jesus (extend your hand) Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen." (pause) Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Boys and girls, have a seat. (very long pause)

SAINT OR STORY MEDITATION

Jesus, our meditation story is one of the most amazing miracle stories I have ever heard! It was told in a book by a priest named Father Winfred Herbst. Father was born in 1891 in Wisconsin and ordained a priest in 1921. He loved to teach about You by gathering stories for children and publishing them. This story is called, "A Great Eucharistic Miracle" and Father Herbst begins it like this: The story I am about to tell is true, of course. Otherwise I would never tell it, since it is about the Most Blessed Sacrament.

It happened at Ameca-Ameca, not far from Mexico City, the capital city of Mexico. Mexico is a land that has given so many martyrs for the faith.

One morning, a band of soldiers in the service of an evil government at the time, forced their way into the little Carmelite convent at Ameca-Ameca, in order to drive out the poor Carmelite nuns. The soldiers were rough, rude and harsh as they commanded the nuns, who had done no wrong to anyone, to leave their convent home and go away.

Now the Mother Superior tried her best to make the soldiers listen to reason. Humbly she begged them to postpone the heartless order. "Where would we go?" she wondered. Then she pleaded once again with the soldiers, "Give us a little more time so that we may find another place to stay or at least time to call upon the charity of our benefactors. We are only poor nuns and we have nowhere to go at the moment."

But the soldiers answered cruelly, "Get out! Leave this place!"

Then the good Mother Superior understood that it was useless to plead with them any longer.

However, before leaving the convent, she and the nuns made a stop in the little convent chapel. The Mother Superior knew that she must save Our Lord Jesus truly present in the Most Blessed Sacrament from desecration! The cruel soldiers could insult the sacred Hosts, make fun of them, trample upon them – committing a terrible sacrilege! Yes, she must take the consecrated Hosts along with them, as there was no priest nearby to do this since many of the priests had been driven out.

So with great trust, the Mother Superior reverently opened the little tabernacle door and removed the cover of the ciborium. She paused a moment and gazed lovingly upon Jesus, truly present in the little white Hosts. Then Mother whispered, "My dearest Lord, am I forced to bring You with us?"

The answer was one of the greatest Eucharistic miracles that has ever happened!

While Mother stood there with folded hands, the consecrated Hosts, on their own accord, raised themselves from the ciborium and floated through the air to the lips of the other nuns! As each nun opened her mouth, a little white Host descended gently upon her tongue.

What a wondrous Holy Communion that was!

The ciborium was now empty but the pyx that contained the large Host, used for Benediction, still remained. The Mother Superior took the pyx in her hands and opened it.

Oh! Miracle again! The Host left the golden pyx and arose into the air!

Then the Host folded itself, just as the priest folds the large Host before he gives himself Holy Communion during Mass. The Host then gently descended to the lips of the astonished Mother Superior.

With tears of grateful thanksgiving, the Carmelite nuns left their home. (pause)

Jesus, You were with them, safe in their hearts!

For the consolation of those loved ones, You worked a wonderful miracle and manifested Your infinite mercy and compassion for them. And not only for their consolation, but also for ours. Thank You, Jesus, for Your infinite mercy and love! (Long pause)

QUIET PRAYER TIME

Boys and girls, let's have some quiet prayer time now and talk with Jesus, Heart to heart, about this amazing Eucharistic miracle story.

One minute before Father/Deacon and the altar servers enter for Benediction:

Jesus, in a moment, Father/Deacon is going to come and lift You high in Benediction. I know that You want to pour out many graces upon the children, upon their families and upon our entire world! Boys and girls, open your hearts wide to receive all that Jesus wants to give you today!

BENEDICTION OF THE MOST BLESSED SACRAMENT

Let's take out our program now and find the Benediction Hymn. We will sing together when Father/Deacon and the servers enter.

Down in adoration falling
Lo! The Sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.

To the everlasting Father, And the Son who reigns on high, With the Holy Ghost proceeding Forth from each eternally, By salvation, honor, blessing, Might and endless majesty. Amen.

Priest/Deacon: You have given them Bread from Heaven.

All: Having within It all sweetness.

Priest/Deacon: Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the kingdom; where You live with the Father and the Holy Spirit, One God, forever and ever.

All: Amen.

Blessed be God,

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary, most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.

When Father/Deacon puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors, say: *Boys and girls, let's stand and sing "Immaculate Mary."*

As Father/Deacon and the altar servers start to exit, sing:

Immaculate Mary, your praises we sing; You reign now in splendor with Jesus, our King. Ave, ave, ave Maria! Ave, ave, Maria!

After Father/Deacon and the altar servers have left the Church, turn towards the children and say: Jesus is so happy that you came to make a visit with Him. Remember, He's always here in the tabernacle for you to come and make your visits with Him. Have a great week and we'll see you at our next Guided Eucharistic Holy Hour.

If you have not read the booklet, "VISITING JESUS – A Simple Plan to Begin Guided Eucharistic Holy Hours for Children," please go online to *Catholic Kids 101* for your free download. Questions? Go to *Catholic Kids 101* and click the "Contact Us" page.

