

GUIDED EUCHARISTIC HOLY HOUR

CK101 Script #13 - "St. Edmund Champion"

EXPOSITION OF THE MOST BLESSED SACRAMENT

As we begin, the prayer leader says:

Boys and girls, please stand when Father/Deacon enters and then kneel when he opens the tabernacle. We will sing, "O Saving Victim," found in your program, when Father exposes Jesus in the Blessed Sacrament, placing the Host in the monstrance on the altar.

*O Saving Victim, open wide,
The gate of Heaven to man below,
Our foes press on from every side;
Thine aid supply, Thy strength bestow.*

*To Thy great Name be endless praise,
Immortal Godhead, one in Three!
Oh, grant us endless length of day,
In our true native land, with Thee! Amen.*

REETING JESUS AND OPENING PRAYERS

(We are still kneeling) After Father/Deacon exits: *Jesus, we are so happy to be to be here to make our visit with You. (pause) Thank You, Jesus! Thank You for always being here for us. (long pause)*

Lord, we begin by calling upon our Holy Guardian Angel and all the Holy Angels here with us right now. We ask the Holy Angels to help us adore You. Together we pray the first prayer found on the back of our program: "Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side to light, to guard, to rule and to guide. Amen." (pause)

We also call upon the mighty Prince of the Heavenly Host, Saint Michael. Together we pray: “Saint Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do Thou, O Prince of the Heavenly Host, by the power of God, cast into hell Satan and all the evil spirits, who prowl throughout the world seeking the ruin of souls. Amen.” (long pause)

Jesus, we know there is nobody who ever loved You more than our beautiful Blessed Mother Mary loved You. We now ask her to help us love You, Jesus! (pause) We entrust ourselves to her by praying together: “Holy Mary, I want to belong to you. I give you my whole self and all the good things I do: at home, at school, at Church and at play. My Mother! I am all yours, and all I do belongs to you to give to Jesus. Amen.” (long pause)

Yes, all that we have, all that we are, belongs to You, Jesus. (long pause) We want to tell how much we love You, Jesus, by praying our “100,000 Heartbeats Prayer.” Together we pray: “Most Sacred Heart of Jesus, truly present on the altar in the little white Host, I love You! I love You with all my heart and I know You love me with all Your Heart! Jesus, my heart beats around 100,000 times a day. I want each one of my heartbeats to say: Jesus, I love You! Jesus, I love You! Jesus, I love You!” (very long pause)

ROSARY DECADE PREPARATION WITH BIBLE STORY

Jesus, I’m going to invite the boys and girls to sit now, as we prepare our hearts to offer You our Rosary decade by reading a Gospel story in our Bible.

*(Be seated) Boys and girls, open up your Bibles to page 192. Let’s take a look at that picture. (Prayer leader now reads the story from the “New Catholic Picture Bible” by Father Lawrence Lovasik. The only adjustment is the prayer leader will always change the text in the places needed to **address Jesus directly** by talking **to** Him instead of **about** Him.)*

Jesus, now the moment for which You had waited so long had come. You kept the promise that You had made in the synagogue at Capernaum.

You took a piece of bread, blessed it, and broke it. Then You gave it to the apostles and said, “Take and eat; this is My Body.”

Then You took a cup with wine in it, blessed it in the same way and said, “All of you drink of this; for this is My Blood of the new covenant which is being shed for many unto the forgiveness of sins. Do this in remembrance of Me.”

Lord, You changed bread and wine into Your Body and Blood and offered Yourself to God the Father. This was a sacrifice. At the same time You told the apostles that You would die on the next day. This would be the bloody sacrifice. But You wanted this unbloody sacrifice to continue on earth till the end of time.

When You told the apostles to do as You had done, You made them priests who could offer this sacrifice. They could pass this power on to their successors.

After You returned to heaven, the apostles continued to offer this Eucharistic Sacrifice. They ordained other priests. In this way, Jesus, You gave us the priesthood and the Mass.

Finally, Jesus, You gave the apostles Your last instructions. You said, "A new commandment I give you, that you love one another: that as I have loved you, you also love one another. By this will all men know that you are My disciples, if you have love for one another." (long pause)

Jesus, this Gospel story tells us about the Last Supper, where You offered the very first Mass and gave us Yourself in the Most Holy Eucharist.

You instituted two of the seven Sacraments at the Last Supper: the Most Holy Eucharist and Holy Orders, when a man is ordained a priest.

Jesus, we want to offer our Rosary decade for priests - for our pastor and any priest that we personally know.

We also pray especially for priests who are newly ordained; for priests who are elderly or sick; for priests who are missionaries. We also pray for priests who are being persecuted.

Jesus, we offer our Rosary decade for all Your priests. We pray that they will always remain faithful and loyal to You.

PRAYING THE ROSARY DECADE

Boys and girls, let's take out our Rosary beads now and kneel down. (kneel) Find the Crucifix on the end of your Rosary beads. Let's give the Crucifix a kiss. (kiss the Cross) Thank You, Jesus, thank You for dying on the Cross for me. Let's make the Sign of the Cross together: "In the name of the Father and of the Son and of the Holy Spirit. Amen."

Now find the fifth decade - 1, 2, 3, 4, 5 (pause) Jesus, with all the love in our hearts, we offer You the fifth Luminous mystery, the Institution of the Most Holy Eucharist.

Boys and girls, I'll say the first part of the prayer, you say the second. (pause) (Prayer leader) "Our Father, who art in Heaven, hallowed be Thy name. Thy Kingdom come. They will be done, on earth as it is in Heaven. (Boys and girls) Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen." (Prayer leader) "Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. (Boys and girls) Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen." (9 times)

Boys and girls, we come now to our last "Hail Mary." We pause and call this one our "Golden Hail Mary." What special intentions do you need to bring to Jesus? Are you worried about something to do with school? Is there someone in your family who needs prayers? If it is important to you, it is important to Jesus because you are so important to Him! Tell Jesus everything. He is listening. (Very long pause) Jesus, we gather up all our special intentions and lay them before Your throne as together we pray: Hail Mary...

Boys and girls, let's bow our heads down low and adore the most Holy Trinity. (Very long pause of adoration silence.) Together we pray: "Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen."

Let's come back up slowly now and look right at Jesus on the altar. (pause). This next prayer is one that Blessed Mother taught the three children at Fatima. Our Lady asked that this be prayed at the end of each Rosary decade. (pause) Jesus, we know this must be very important. (pause) Boys and girls, let's hold out our hand towards Jesus (extend your hand) Together we pray: "O my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those most in need of Thy mercy. Amen." (pause) Let's find the Crucifix again at the end of our Rosary beads and give the Cross a kiss. (kiss the Cross) Together we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit. Amen. Boys and girls, have a seat. (very long pause)

SAINT OR STORY MEDITATION

This true story begins with a queen. Her name was Queen Elizabeth and she ruled the country of England about 500 years ago. Now Queen Elizabeth was the daughter of King Henry VIII. King Henry was born and raised Catholic. However, it was King Henry who protested against the Pope when the Pope didn't do what he wanted. So King Henry VIII decided to leave the Catholic Church and start his own church called the Church of England. He made himself the head of this church. This caused much confusion and suffering! One of the saddest things of all was that many people would not be able to receive You, Jesus, in Holy Communion because of what King Henry did.

When King Henry's daughter Elizabeth first became the Queen of England, she was tolerant of Catholics who practiced their faith. However, over time this changed. Eventually she decided that no person in her kingdom could practice their Catholic faith at all. During her reign, the government passed an act that made it high treason to question the Queen's authority as the head of the Church of England. In other words, according to this law, it made Catholics practicing their faith guilty of high treason!

Queen Elizabeth became so opposed to Catholics practicing their faith that she would have priests in England arrested and thrown into prison simply because they were priests! And if she told them they couldn't offer Mass anymore and they refused to obey her, she would often have them tortured and sometimes even killed! (pause) The boys and girls probably know the name given to a person who is killed because of their witness for You, Jesus. That person is called a "martyr." The word "martyr" means "witness." There were many heroic English martyrs or witnesses during the time of Queen Elizabeth's reign. Many of the English Catholics - lay people, priests and religious sisters and brothers - were very brave. They were loyal to You and to Your Church, Jesus. They did not obey Queen Elizabeth and her command that said they couldn't practice their Catholic faith anymore.

Not only were many of the English priests very brave, they were also very clever! They would not wear anything that would identify them as Catholic priests. They did this because they did not want those who served Queen Elizabeth to recognize them. They did not want to be arrested because they wanted to keep serving the Catholics in England. They tried to stay alive so they could administer the Sacraments. The priests would often disguise themselves and then go secretly to where Catholics lived. They would offer Mass privately, in secret, in their homes. They would secretly hear Confessions and anoint the sick. Men and women could be married sacramentally and babies would be baptized, in secret. The English priests did all this in secret so the Queen would not find out!

One of these brave and clever English priests was named Father Edmund Campion. Queen Elizabeth especially wanted Father Campion captured because she realized that he was helping so many English Catholics stay loyal and true to You, Jesus! So she sent many of her soldiers to find Father Campion and arrest him. But Father's disguises were so clever that none of the Queen's soldiers were able to recognize him. He kept escaping them!

However, it was on a cold and rainy day that the Queen's soldiers finally did capture Father Campion. They put him into prison, in a place called, "The Tower of London." While in prison, the Queen's soldiers told Father Campion many times, "If you will promise to stop offering Mass, we will let you go immediately! Will you promise?"

And each time Father Campion would answer, "No, that I will not promise."

Then they told Father Campion, "If you promise to stop hearing Confessions and preaching, we will set you free and never bother you again! Will you do as we say?"

And again Father Campion would always answer, "I will not do as you say."

Finally, Queen Elizabeth herself sent for Father Campion. "You must stop all this foolishness!" warned the Queen. "Simply stop doing these things I tell you not to do and I will let you go free. It is as simple as that. Otherwise, you will die."

Father Campion said to Queen, "I cannot do what you ask."

Queen Elizabeth became angry and said, "Then you will die!"

When Father Campion heard those words, he bowed his head and prayed, "O Jesus, I thank You for letting me lay down my life for You!" (pause)

The day soon came. The Queen's soldiers tied Father Campion on the back of a cart and drove him through the streets of London to the place of his execution. Father looked fearlessly at the gallows. He told his executioners that he forgave them for what they were about to do. Then he let the Queen's soldiers carry out her cruel orders. The Holy Angels were there to lead Father Campion's soul straight to Heaven! (pause)

Jesus, how brave and loyal are Your holy martyrs! They help us to understand that we never have to be afraid of wicked men and women in this world because You will always give us special graces to be brave and loyal to You when we need them. You will always help us, just like You helped Saint Edmund Campion and all Your holy martyrs. (pause)

QUIET PRAYER TIME

Boys and girls, let's have some quiet prayer time now. Let's ask Jesus to help make us clever and always loyal to Him too. Let's talk with Him about all this, Heart-to-heart.

One minute before Father/Deacon and the altar servers enter for Benediction:

Jesus, in a moment, Father/Deacon is going to come and lift You high in Benediction. I know that You want to pour out many graces upon the children, upon their families and upon our entire world! Boys and girls, open your hearts wide to receive all that Jesus wants to give you today!

BENEDICTION OF THE MOST BLESSED SACRAMENT

Let's take out our program now and find the Benediction Hymn. We will sing together when Father/Deacon and the servers enter.

*Down in adoration falling
Lo! The Sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;
Faith for all defects supplying
Where the feeble senses fail.*

*To the everlasting Father,
And the Son who reigns on high,
With the Holy Ghost proceeding Forth from each eternally,
By salvation, honor, blessing,
Might and endless majesty. Amen.*

Priest/Deacon: *You have given them Bread from Heaven.*

All: *Having within It all sweetness.*

Priest/Deacon: *Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us, and the peace of the kingdom; where You live with the Father and the Holy Spirit, One God, forever and ever.*

All: *Amen.*

*Blessed be God,
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be His Most Precious Blood.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary, most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in His Angels and in His Saints.*

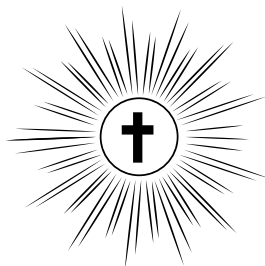
When Father/Deacon puts the Blessed Sacrament back into the tabernacle and closes the tabernacle doors, say: *Boys and girls, let's stand and sing "Immaculate Mary."*

As Father/Deacon and the altar servers start to exit, sing:

*Immaculate Mary, your praises we sing;
You reign now in splendor with Jesus, our King.
Ave, ave, ave Maria! Ave, ave, Maria!*

After Father/Deacon and the altar servers have left the Church, turn towards the children and say: *Jesus is so happy that you came to make a visit with Him. Remember, He's always here in the tabernacle for you to come and make your visits with Him. Have a great week and we'll see you at our next Guided Eucharistic Holy Hour.*

If you have not read the booklet, "VISITING JESUS – A Simple Plan to Begin Guided Eucharistic Holy Hours for Children," please go online to *Catholic Kids 101* for your free download. Questions? Go to *Catholic Kids 101* and click the "Contact Us" page.



Catholic Kids 101
We are kids telling kids about Jesus!